



American Heart Association

TOBACCO

Endgame

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It's Our Government:

Get Involved!

Did you know that state and local policymakers can help pass lifesaving tobacco control policies that impact your everyday life?

It is crucial for you, a Tobacco Endgame member and youth advocate, to participate in civic engagement. What is civic engagement, you ask? Well, it could be as simple as contacting your local city council member, mayor, governor, senator or representative.

I know, I know, many of you aren't even old enough to vote yet, but that doesn't mean your voice doesn't count. In fact, raising your voice for specific policies can make a huge difference!

Follow these easy steps to learn more and take action today, the whole process should take you less than 15 minutes!



1 If you haven't already, join the Tobacco Endgame movement to get involved in tobacco control campaigns at the local, state and federal levels. Text **ENDGAME** to **46839** or visit TobaccoEndgame.org.

2 Learn about the importance of local and state government and how your voice can help advance policies by watching [this video](#).

3 Identify your local elected officials: Text **LAWMAKERS** to **46839**.

Questions? Email us at TobaccoEndgame@heart.org.